

# THE "BIG EIGHT" AND BEYOND:

## **UNDERSTANDING CHILDHOOD FOOD ALLERGIES**

### With Marion Groetch, MS, RDN

**Director of Nutrition Services at the Jaffe Food Allergy Institute** 

Wednesday, October 8, 2014 6:00-8:30 pm

Icahn School of Medicine at Mount Sinai Hatch Auditorium

1450 Madison Avenue New York, NY 10029

6:00-8:00 Lecture

8:00-8:30 Refreshments and Networking

For registration and additional information visit: www.gnyda.org



Presented by the
Greater New York Dietetic Association
Pediatric Special Interest Group

Join us for an informative lecture, interactive case studies and a question and answer session. With food allergies on the rise and misinformation prevalent, this event is a must for dietitians, pediatricians, parents and others working with food-allergic children.

#### **COURSE OBJECTIVES**

Following this course, participants will be able to:

- 1) Discuss the differences between IgE-mediated food allergy and other types of food allergies and intolerances
- 2) Recognize the signs and symptoms of food allergy
- 3) Identify the aspects of diet and medical history needed to evaluate patients with adverse food reactions
- 4) Differentiate gold standard lab methods used in food allergy testing from unproven or ineffective methods
- 5) Plan an appropriate diet and course of nutrition therapy for a patient with food allergies
- 6) Understand the nutritional risks associated with food allergies and elimination diets
- 7) Discuss food labeling regulations, including the new gluten labeling update

#### **CONTINUING EDUCATION**

Registered Dietitians: 2.0 CPEs have been requested for completion of this event

#### **SPEAKER**



Marion Groetch, MS, RDN is the Director of Nutrition Services at the Jaffe Food Allergy Institute at the Icahn School of Medicine at Mount Sinai. She is involved in research, educational programming and the care of patients with food allergy.

Marion has published original research and many text book and online chapters on food allergy management and is an invited peer reviewer for numerous allergy and immunology journals, as well as being a frequent invited lecturer at both national and international allergy and nutrition conferences. Marion serves on the steering committee of the International Network of Dietitians and Nutritionists in Allergy (INDANA), the Allied Health Planning Committee of the American Association of Allergy, Asthma and Immunology (AAAAI) and the Medical Advisory Board of the International Association for Food Protein Enterocolitis (IAFFE).

#### **REGISTRATION FEES**

\$40 GNYDA, LIDA, WRDA members \$20 GNYDA student members \$85 non-members\* \$50 student non-members\*

\*non-member pricing includes 2014-2015 membership dues